

2023 Testify Strengthlifting Challenge

Female - All Ages

Gndr	WtCls (kg)	Name	Year of Birth	Bwt (kg)	Squat			Best Squat	Press			Best Press	Deadlift			Best Deadlift	Total	Wilks	Wilks + Age
					Sq1	Sq2	Sq3		P1	P2	P3		DI1	DI2	DI3				
F	60	Julie Snyder	1963	58.8	90	96	99	99	37	-39	-39	37	95	100	-102	100	236	267.28	
F	67.5	Anjali Mishra	1998	63.9	95	100	-103	100	34	35	37	37	98	105	110	110	247	262.45	
F	75	Maddie Leyde	1999	70.9	102	106	108	108	42	45	-47	45	116	118	-119	118	271	267.26	
F	75	Sharon Foster	2054	75	90	96	-99	96	38	40	41	41	117	129	-134	129	266	252.87	
F	75	Denise McLaughlin	1963	74.4	55	59	-62	59	18	19	20	20	76	81	85	85	164	156.70	
F	75	Samantha Hansen	2004	69.5	-107	109	-114	109	-46	-46	-46	0	130	139	147	147	0	0.00	
F	82.5	Madalyn Foster	2008	78.4	83	91	-96	91	27	31	-34	31	90	97	-103	97	219	202.70	
F	90	Jill Weber	1970	82.9	76	81	84	84	29	-31	-31	29	90	97	102	102	215	193.01	

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					Sq1	Sq2	Sq3		P1	P2	P3		DI1	DI2	DI3				
F	60	Julie Snyder	1963	58.8	90	96	99	99	37	-39	-39	37	95	100	-102	100	236	267.28	358.15
F	75	Sharon Foster	2054	75	90	96	-99	96	38	40	41	41	117	129	-134	129	266	252.87	407.21
F	75	Denise McLaughlin	1963	74.4	55	59	-62	59	18	19	20	20	76	81	85	85	164	156.70	209.97
F	90	Jill Weber	1970	82.9	76	81	84	84	29	-31	-31	29	90	97	102	102	215	193.01	228.52

Open - All Ages

Gndr	WtCls (kg)	Name	Year of Birth	Bwt (kg)	Squat			Best Squat	Press			Best Press	Deadlift			Best Deadlift	Total	Wilks	Wilks + Age
					Sq1	Sq2	Sq3		P1	P2	P3		DI1	DI2	DI3				
M	82.5	Jonathan Scott	1993	80.4	122	132	143	143	56	60	-64	60	145	155	161	161	364	247.73	
M	90	Aaron Peter	1993	82.8	195	202	-212	202	80	85	-91	85	197	210	220	220	507	338.91	
M	90	Daniel Silva	1990	86.8	170	180	185	185	75	-80	82	82	180	190	200	200	467	303.88	
M	90	Douglas Klein	1967	87.5	138	145	155	155	52	55	58	58	168	177	184	184	397	257.21	
M	100	Daniel Byers	1991	98.2	202	216	-218	216	86	93	96	96	218	236	-243	236	548	335.99	

M	100	Andrew Prine	1988	96.8	180	183	190	190	86	88	90	90	184	191	200	200	480	296.10	
M	100	Jacob Marszalek	1972	93.1	175	190	-198	190	65	69	-74	69	198	214	-228	214	473	296.98	
M	100	Adam Higgs	1974	97	156	-166	-166	156	-84	84	-87	84	184	190	-194	190	430	265.02	
M	100	Brad Britton	1978	96.8	145	151	156	156	58	-61	-63	58	163	175	182	182	396	244.29	
M	100	Paul Kolo	1991	95.5	123	132	139	139	56	60	62	62	162	176	185	185	386	239.54	
M	110	Thomas Pudil	1999	104.9	215	225	235	235	97	-104	105	105	219	230	237	237	577	344.90	
M	110	Jeremiah Jarecke	1978	109.8	143	153	159	159	88	91	93	93	142	155	162	162	414	243.77	
M	125	Ryan Foster	1982	113.9	238	250	254	254	95	103	109	109	243	262	267	267	630	367.02	
M	125	Jason Wilkerson	1986	117.8	179	183	190	190	90	93	-99	93	183	201	215	215	498	287.58	
M	125	David Treat	1978	119.2	140	150	155	155	-63	65	67	67	147	160	165	165	387	222.84	
M	125+	James McCart	1989	135	173	185	190	190	-86	90	92	92	208	222	227	227	509	286.04	
M	125+	Bradley Muhlenkamp	1991	125.4	166	175	182	182	-93	93	103	103	182	193	208	208	493	280.75	
M	125+	Bryan Vukorepa	1988	141.2	136	146	151	151	61	66	70	70	128	138	143	143	364	203.15	

Open - Masters

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					Sq1	Sq2	Sq3		P1	P2	P3		DI1	DI2	DI3				
M	90	Douglas Klein	1967	87.5	138	145	155	155	52	55	58	58	168	177	184	184	397	257.21	315.08
M	100	Jacob Marszalek	1972	93.1	175	190	-198	190	65	69	-74	69	198	214	-228	214	473	296.98	335.59
M	100	Adam Higgs	1974	97	156	-166	-166	156	-84	84	-87	84	184	190	-194	190	430	265.02	290.73
M	100	Brad Britton	1978	96.8	145	151	156	156	58	-61	-63	58	163	175	182	182	396	244.29	257.72
M	110	Jeremiah Jarecke	1978	109.8	143	153	159	159	88	91	93	93	142	155	162	162	414	243.77	257.18
M	125	Ryan Foster	1982	113.9	238	250	254	254	95	103	109	109	243	262	267	267	630	367.02	370.69
M	125	David Treat	1978	119.2	140	150	155	155	-63	65	67	67	147	160	165	165	387	222.84	232.43